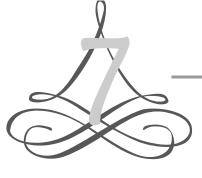
# THE 7 RAYS MADE PRACTICAL

A modern, simplified version of an ancient spiritual awareness . . .

ROWAN EMRYS, CNMT



hen you think that we are constantly bathed by rays or vibrations of one sort or another, be they Xrays, sun rays, sound rays, electro-magnetic

rays, etc., perhaps the idea of particular cosmic rays becomes a bit more acceptable. According to certain metaphysicians, the Seven Rays originate from the First Cause. Various physical systems such as galaxies act almost like prisms along the way before these rays inundate our solar system.

My first introduction to the Ray concept was in the mideighties at a seminar given by a group dedicated to sharing this and other esoteric awarenesses. Initially I was extremely resistant to what I viewed as just another means of labeling and pigeon-holing people. However, with time and meditation, I realized that far from the pigeon-hole concept, the Ray system actually could be utilized to free one from misconceptions enabling one to focus more on important aspects. Regardless of one's spiritual orientation, this particular esoteric/psychological format has proven to be of inestimable value to dozens of my own clients and literally thousands of individuals who have studied it in depth.

On the most practical level, understanding one's Ray make-up can eliminate the desire to be that which we are not and can strengthen that which we are. It is sort of like finally accepting that you have a certain body type or brown eyes instead of blue; it allows us to make the most of what we are rather than wishing we were something other. Another way it can be of great practical value is in learning how we relate to other people whether spouses, co-workers, employees or bosses or just wonderful friends. In fact, knowing one's Ray make-up can even help us discern the general type of job or career which would best suit our abilities and energies rather than fussing with jobs which really do not suit us.

Knowing and understanding our individual Ray makeups can aid us in getting in touch with various aspects of ourselves so that we can interact with the world around us in a more grounded manner. It can free us from false belief systems about ourselves and enable us to be truly who we are and who we were meant to be. Ultimately, as we clear and raise our frequencies on all expression levels, it is my belief that we can then best enact our soul's purpose in this life.

While hardly new, in modern times this knowledge was brought into prominence by a series of books (26 in all) begun in the 1930's by a Theosophist named Alice Bailey. According to her, these esoteric/psychological volumes were actually dictated by an Ascended Master known variously as Djwhal Khul, DK and The Tibetan, who, as his "Master's Thesis" to become Master of the Third Ray, wanted to get this information more into human consciousness. Since then, and adhering

to DK's desire to have the work continued and expanded upon, numerous volumes have been written in explanation.

In keeping with my philosophy, here is a "small is beautiful" approach to the Rays; may it help you become more attuned to your soul.

# THE RAYS

According to traditional thought, there is a Cosmic Energy bathing us on this planetary system. After all, modern physics is discovering there is far less "matter" in the universe than previously thought; most of existence appears to be what we term "energy" so perhaps this may not be such a wild idea after all. In fact, this may turn out to be a poetic version of scientific "fact." Regardless, picture this emanation as a stream of light shining through a prism, consequently breaking up into seven "colors" which affect every aspect of our beings. Just so, the Cosmic Energy is divided into seven vibrations after passing through the various "prisms" including that of our solar system, a Second Ray emanation, before they reach each individual being living here.

As each color has a name and a measurable vibratory frequency, so do the Seven Rays. These vibratory frequencies cover a range from the more refined to the more dense and it is our job, if you will, to bring the more dense frequencies, or more negative traits, up into the more refined and positive energies. The different Ray names, which will invoke their frequency, are below in text form and on page 6 in a comprehensive chart form designed to help in realizing one's own particular Ray make-up. Utilize the Personal Ray Make-up, page 5, to make notations on both the positive and negative traits for that particular Ray number within that particular Expression. Doing this will enable you to see where improvement is needed and to focus on the higher frequencies you wish to cultivate.

The definitions below refer mostly to Soul Expression but are valid throughout all expressions:

**1st—Will/Intent** This ray is the force of purpose, direction, centralization and one-ness, of which the will, or intent, is the keynote. It is characterized by the qualities of intensity, dynamism, quickness, and dominance. It often results in detachment, isolation and crystallization. And out of its force and directness is conceived the power of creative destruction.

**2nd—Love/Wisdom** This is the ray of consciousness and the source and blending of light and love, magnetism and relationship, inclusiveness and coherence. It is the ray of wisdom, sensitivity and intuition, as well as clarity and attention to detail. This energy is a qualifying, teaching and healing force. It often results in attachment and attraction, and, curiously, establishes our awareness of fear, the antithesis of love and relationship.

**3rd—Creative Intellect** Activity and intelligence work out from this source, a result of purpose and wisdom. It is the energy of full and great manipulations, creativity and adaptability. Needs are recognized through this force, plans are formulated, material is selected and business is undertaken. The third ray is clear, inherent mental and intellectual ideation in pursuit of truth, with the objective of manifesting in matter and substance. It is the power which evokes form.

4th—Harmony thru Conflict This energy stands symbolically in the center of the seven and is the magnetic relation of opposites, the point of harmony, bridging and mediation amidst conflict, pain and struggle - in a sense, the fruition of duality rooted in the second ray. It stimulates creativity, art and beauty and is characterized by sensitivity to color and sound. Discrimination, mediation and a searching for perfection reside here. The intuitive, relational force is strong in this ray, which evokes life, love and understanding. This ray acts as a bridge between the higher and lower

**5th—Concrete Knowledge** This is the energy of concretion into substance, of knowledge and science, and of stimulation in the three worlds. It leads to the searching, analysis and development of ideas, which in the end produces light and wisdom. It is the energy of differentiation and investigation which can lead to separativeness, cleavage and crystallization. But the thoroughness and discrimination with which the fifth force works in the mind and the intellect leads the way ultimately to understanding and to the revelation of truth.

**6th—Devotion to the Ideal** The seeds of all devotion and desire pour forth through this energy. It generates adherence, intensity and persistence. The determination resident in this Ray is a fiery essence, sometimes full of force, fury and even fanatical display and militant violence. Abstraction and aspiration characterize the sixth force, in the sense of an idealistic nature, loyally oriented toward the causal levels of being. The Sixth Ray is the power to recognize what is right and righteous, the upward tendency and the capacity to see the light.

7th—Ceremonial Order This last of the seven is the most tangibly expressive on the outer planes. It is the quality of relationship between spirit and matter and is thus magical. It is rhythm which builds, integrates, circulates and manifests. It is the bringer and producer of newness in form. The relational power of this Ray motivates law and order, rule and ritual, organization and group consciousness. It is practical understanding and vital energy externalized, which embodies both center and the periphery.

The Rays are divided in two types with the odd numbers having a very direct, penetrating energy to them and the even numbers have a rather spiral, encompassing energy. The Direct, or Active, Rays will manifest more readily than the Spiral, or Passive, Rays which tend to be more comprehending. While no Ray is either "good" nor "bad," there *are* higher or lower vibratory frequencies of each with the former having more clarity and being closer to the true Ray energy while the latter is more dense, more mired in the material or mundane world. It is our goal to clarify our own frequencies to the very best of our ability

## **BODIES & EXPRESSIONS**

Each of these Rays affects or influences a certain expression or "body" of our beings:

**Soul** That ineffable Spark of the Ground of Being that has chosen this journey on earth for its development. It is the belief of some that the Soul Ray never changes but keeps returning until it has experienced full clarity of all other Rays in all other expressions. All other expressions are definitely colored by the clarity or density of the Soul's expression.

**Persona** This is the instrument of soul which directs the soul activities on the physical plane; this is what most of us project and what most of us perceive in others.

**Mental** This is our mode of processing knowledge & experience perceived through the senses.

**Emotional** This is our internal and external sensor of all thought and feelings for all expressions; open to energy in motion (e-motion)

**Physical** This is the tangible vehicle for all expressions; biological container & expressor of all senses; a grounded connection with matter.

**Relationship** This Expression focuses the totality of our being into a one-to-one connection with another being; sensor of similarity & acceptor of difference

**Environment** This is a furtherance of our Physical Expression into the field of connection with others; it is our personal projection into our personal space.

These expressions are listed in order of their importance. The Soul Ray of an individual will definitely affect how all the other Rays are expressed—rather like viewing the world through a particular colored filter, while the Persona is the vehicle, if you will, of how the Soul is to enact on the physical plane. Because of this, when speaking of individuals and their Ray make-up, we refer to someone by their Soul Ray/Persona Ray, *i.e.*: "Sally" is a 1/4 or "Jim" is a 6/3.

The general idea is to figure out which Ray affects which Relationship/Body and then work on raising the frequency of all of them so we end up with a "tuned-in" soul Ray. Finding the correlations can be relatively simple with Muscle Checking taught in my Holistic Toolkit article. The vibratory frequencies themselves can be raised by meditating on the positive character traits given in the Ray Chart, p. 6, or by utilizing one of the influences in the small chart found on the next page and described below.

Traditionally, only certain Rays were supposed to be applicable to certain Expressions and the Soul and Persona Rays were always balanced with one being a Direct Ray and the other being a Spiral Ray. However in my almost two decades of utilizing the Rays very actively with clients, I have found numerous instances of individuals with both Soul and Persona being either direct or spiral; I call them doubles. In fact, I have run across a very few individuals whose Mental Ray, the third most influential Ray, is also of the same kind—a triple, if you will. In such cases, it is very important to balance these individuals by clarifying the opposite Rays as soon as possible.

I generally like to start by locating where the First Ray, Will-Force, is located and begin raising that frequency since it is the strongest and most direct of all the direct Rays. Sometimes, however, especially if working with a double or even triple Direct, beginning with the Second Ray initially is most helpful; you'll have to use discernment here. Use the Ray Chart on page 6 to help you locate just which Rays go with each Body and write these down on the Personal Ray Chart, p. 5, provided under the appropriate Body. Then write out, in the spaces provided, both the higher and lower frequencies of each manifestation so you know just where some work needs to be done. You may add words or phrases to each section if you believe they apply to you and, by the same token, feel free to delete those terms which do not seem to apply so much. Six months or a year down the line, redo your chart from the standpoint of the definitive terms to see what sort of progress you have made and to see if new or different terms now apply.

Remember that the basic frequencies will remain and you can see by the explanatory Ray Chart, p. 6, that certain traits may never be yours to have such as a First Ray in the Environmental expression will simply never care too much about the state of his/her personal space so do not expect that of yourself, your mate or your co-worker! And do not expect a Fourth Ray in any expression to be anything other than rather colorful and creative even in enacting the very highest frequencies possible. With their ability to manipulate energies, never expect a Seventh Ray in any frequency to be easy going and sublime; if you do, you will be sadly disappointed. Generally speaking and regardless of gender, the direct Rays can be very intense while the spiral Rays can be more nurturing. You can see immediately how this can impact a relationship!

Each Ray exhibits, even in its purest and highest frequencies, attributes which may or may not be welcome but each has great purpose in the overall scheme of things.

# **INFLUENCES**There are numerous influences which can affect our Ray Ex-

pressions, one of which is the supposition that this solar system, is of the Second Ray frequency. Any of these influences can also be utilized as tools to help raise the vibratory frequency of individual Expressions. Specifics for each are given in the chart below, but please do not confine yourself to these. All the information can be adjusted depending on numerous individual factors so utilize your own intuition or work with the tool of muscle checking.

Gems—I have found that appropriate gem elixirs (homeopathic gem essences) can be of inestimable value in clearing muddied energy in certain expressions. No matter the individual Ray make-up, generally the diamond elixir can aid one in opening to the Soul vibrations. But do utilize the others, too, as they all work together to elevate all frequencies. Colors—are vibrations in and of themselves and so can complement or restrict the reflection of our personal frequencies; do take colors seriously. Try wearing at least a small amount of whatever color is appropriate to the Expression you are trying to clear. For a more intense color therapy, throw an appropriately colored scarf over a lampshade to bathe your personal space in the vibratory frequency you desire. You can even shine the color directly onto your closed eyes by a more direct lighting method such as a flashlight, or desk lamp. The Ray colors vary somewhat, so discover your own resonance. **Tones**—Just as colors are vibrational, so are sounds. The use of tuning forks can also be extremely helpful in clearing muddied frequencies so they can be raised. Choose the appropriate fork and strike it, holding it close to your ear. The stem end of a vibrating fork can also be placed directly onto the body either on chakra centers or any "holding" places of which you are aware. "Singing" brass or crystal bowls can bathe your whole personal space with extremely clearing tones also. If you are musically inclined and play an instrument, you may find certain notes affecting you either positively or negatively. As you go along, you may also find the same with individual

RAYS →  ↓INFLUENCES	1 st WILL/INTENT	2nd LOVE/ WISDOM	3rd CREATIVE INTELLECT	4th HARMONY thru CONFLICT	5th CONCRETE KNOWLEDGE	6th DEVOTION to the IDEAL	7# CEREMONIAL ORDER
ENERGY	DIRECT	SPIRAL	DIRECT	SPIRAL	DIRECT	SPIRAL	DIRECT
GEMS	RUBY	SAPPHIRE	TOPAZ	EMERALD	TOURMALINE	ROSE QUARTZ	AMETHYST
COLOR5	RED	INDIGO	YELLOW	GREEN	ORANGE	SILVERY ROSE	VIOLET
TONES	G-A-B-C-D-E-F	A	В	С	D	Е	F
CHAKRA	CROWN	HEART	THROAT	ROOT	BROW	SOLAR PLEXUS	SACRAL
GLAND	PINEAL	THYMUS	THYROID	ADRENALS	PITUITARY	PANCREAS	GONADS
ASANAS	LOTUS	BOW	SHOULDER STAND	ARCHER	HEADSTAND	TWIST	COBRA
SENSE	UNITY	COGNITION	HEARING	TOUCH	SIGHT	TASTE	SMELL
KINGDÓMS	MINERAL	VEGETABLE	ANIMAL	VEGETABLE HUMAN	HUMAN	VEGETABLE	MINERAL
STARS	BENETNASH	MIZAR/ALCHOR	ALIOTH	MEGREZ	DUBHE	MERAK	PHEGDA
PLANETS	VULCAN PLUTO	JUPITER SUN	EARTH SATURN	MERCURY MOON	VENUS	MARS NEPTUNE	URANUS
PLANES	DIVINITY	SOUL	SPIRIT	INTUITION	MENTAL	EMOTIONAL	PHYSICAL
MASTERS	MORYA St Peter	KUTHUMI St John Beloved	DJWHAL KHUL Confucius	SERAPIS BEY Amenhotep III	HILARION St Paul	LADY NADA, Kuan Yin & Mother Mary	RAKOCZI Comte St. Germain

chords or chord progressions. In arriving at these particular notes, my friend, Thea March, poet, composer and songwriter, says her: "... reasoning is that the planet, (including most machines, fans, traffic, etc.) hums on A and its a 2nd ray planet." Chakras—Just as there are seven Rays, there are seven Chakras or energy centers of the human body. Long thought to be non-existent, modern science is discovering that they do indeed exist and that the cellular structure of the skin at the traditional chakra sites actually reflects this energy. Most individuals working with the Rays believe that the Chakras and Rays are reversed; that is, the First Ray manifests through the Seventh Chakra at the top of the head while the Seventh Ray manifests through the First Chakra in the perineal area. They are reciprocal in that if you have a blocked Chakra, the corresponding Ray emanation will be of lower frequency value. As you raise the Ray frequencies, your various Chakras will clear and as you clear your Chakras, your various Ray frequencies will raise. This also affects glandular and other bodily functions as you can see below.

**Glands**—Science has relatively recently associated each Chakra with a nerve plexus which in turn affects certain glandular functions. Interestingly, these also equate with various Rays. So another example of clearing one being able to influence and clear the other.

**Sense**—Just as various glands are affected, so can various senses. The flip side of this is that the various senses will be utilized more by certain Rays than others: i.e. Seventh Ray are greatly influenced by incense while Fourth Rays are very tactile overall. Of course the influence will vary depending on just where it is located but again, this is yet another indication of diversity.

Kingdoms—Each Ray will work or be influenced more or less by the various natural kingdoms. A Third Ray may find it fulfilling to work with animals or a Fifth Ray find working one-on-one with people to be more rewarding and reachable. Astrological—Actually, one can get quite involved here with astrological influences also. The star names given are in the constellation of the Great Bear through which, according to some sources, all of the energy directed at our solar system comes. It is then broken down by planet. There are other possible factors at work here which involve Ashrams or "Soul Associations" which starts to get a bit involved for the intended purpose of this brief paper but which you may research on your own.

On perhaps a more familiar page, one's sun sign is the influence on the persona while it is the ascendant sign which better reflects the soul.

Planes—These influences are far more subtle than the others but they can be a guide as to general areas of influence.

Masters—According to DK, the Ascended Masters are normal human beings who embodied the highest frequency of their soul rays and who chose to continue to influence the human realm regardless of physical presence and who continue to influence and direct human direction toward true consciousness. Because there are seven rays, there are seven Masters who can be meditated upon. These Masters are there to help us each attain the highest frequency of our soul aspect as we can. Some of these Masters are currently in bodily form while others are not; regardless, the Master of each Ray can be of real aid so call on their energy. The names of the current

Masters are in capitals while a previous incarnation is in lower case below. Perhaps you are already in contact with the Master of your Soul Ray.

From all the above, you can see how the Seven Rays can be used to help people gain insight into themselves, their purpose and life direction. It helps them bring out their strengths and understand their limitations, leading to an appreciation of their own individual qualities and identity.

## **RESOURCES**

- \* The entire Alice Bailey library of 26 volumes but most especially the Seven Ray volumes—available through esoteric or larger bookstores; also available free on the web at www.netnews.org/BK/TOC.HTML
- NATURE OF THE SOUL by Lucille Cedercrans—an esoteric study format, Wisdom Impressions, Publishers, P.O. Box 6457, Whittier, CA 90609-6457 www.wisdomimpressions.com
- \* WWW.THESEVENRAYS.TOPCITIES.COM/LINKS.HTM This site offers numerous Seven Ray links and includes a free, online copy of THE SEVEN RAYS: A THEOSOPHICAL HANDBOOK by Ernest Wood, first published in 1925
- \* Michael D. Robbins, Ph.D. has authored perhaps the most complete and complex modern work with a five volume set entitled TAPESTRY OF THE GODS—THE SEVEN RAYS: AN ESOTERIC KEY TO UNDERSTANDING HUMAN NATURE; used as the basis of study at the Seven Ray Institute in New Jersey which also hosts numerous conferences [www.sevenray.com].
- INTRODUCTION TO THE SEVEN RAYS by Kurt Abraham—I would not term this a true introduction because it presumes a certain level of awareness of Theosophical thoughtforms and world view but it does have value
- \* CHAKRAS—RAYS & RADIONICS by David Tansley—I have not read this but it has been referred to positively by authors I have read
- \* THE SEVEN RAYS MADE VISUAL by Helen Burmeister—a simplification of the original Bailey esoteric writings
- \* THE CHAKRAS AND ESOTERIC HEALING and THE RAYS AND ESOTERIC PSYCHOLOGY both by Zachary Lansdown, Ph.D—complex but excellent
- \* GEM STONES OF THE SEVEN RAYS by C. Nelson Stewart—excellent detail for those interested in working with stones and the Rays
- WHO YOU ARE & WHY YOU ARE HERE:FINDING YOUR LIFE PURPOSE
   & PERSONALITY TYPE by Ruth Mierswa—for those with an astrological bent, this is very complete
- \* MASTERS OF THE SEVEN RAYS: THEIR PAST LIVES AND REAPPEAR-ANCE by Phillip Lindsay—has excellent info in addition

# My Personal Ray Chart

	Higher Frequencies	Lower Frequencies
	riignoi i roquonoies	Lower r requeriores
OUL#		
PERSONA#		
/IENTAL#		
PHYSICAL #		
MOTIONAL #		
RELATIONSHIP #		
RELATIONSHIP #		
ENVIRONMENT #		

# RAY CHART

RAYS → ← EXPRESSIONS	1st WILL/FORCE	2nd LOVE/WISDOM	3 <sup>1</sup> d CREATIVE INTELLECT	4th HARMONY thu CONFLICT	54 CONCRETE KNOWLEDGE	6th DEVOTION to the IDEAL	7th CEREMONIAL ORDER
SOUL	dynamic power, strong, one-pointed focus, penetration, tuthfulness arising from absolute fearlessness	magnetic, attractive love, empathy & compassion, sensitivity, love of pure truth, intuitive love	acute & powerful intellect, adaptability, capacity for abstract reasoning, skill in communication	capacity to reconcile, grown thru constant crisis & struggle, mediation, love of beauty, intuitive, the great balancer	power to define & create thought- forms, capacity to think & act scientifically & objectively, inventive	intense devotion, single-minded, transcendent, idealisite, unshakable faith & optimism, loyalty	power to create order & perfect form, build, renovate & transform, power as a magician, elusive
	egotism, excessive pride, separative- ness, arrogance, willfulness, domination, destructiveness, anger	fearfulness & self-pity, over-sensitivity, coldness & indifference, love of being loved, over-attachment	intellectual pride, vague & overfy complex thought, absentminded, inaccurate, opportunistic, devious	lack of confidence, moodiness, temperamentalism, unreliability, combativeness, overl dramatic expression	over-analysis, excessive mentation, linearity, harsh criticism, rigid thought patterns, excessive doubt	rigid idealism, blind faith, extremism, excess, mania, emotionalism, fanaticism, selfish & jealous love	crystallization, rigid orderliness, over-concern with rules, materialism, perfectionism, perversion
PERSONA	here & now, dynamic, firm, impressive, individualistic, forceful, effective, idea person, powerful presence	open & expressive, serene, confident, clearly wise, lovable, comforting, passionate about living	intelligent organizer of activity & finance, skillful communicator, counselor	sensitive & intuitive, excitingly magnetic, challenges to the point of balance in others	practical, informative, quiet & detached observer, patient, ability to instill confidence in others	devoted idealist, mystical, open & magnetically attractive, visionary romantic, passionate	high integrity, social grace & finesse, synthesis of the individual, spiritual & planetary cycles, magician
	dominating controller, mis-director of wil, temperamental egotist, selfish, vain, sullen	unapproachable, moody, hateful, demanding, fearful, exclusive, aloof, clinging to unrealistic beliefs	arrogant & egolistical, misuse of money & objects, impractical, stubbom, opportunist, cynical, selfish	inconsistent, moody & temperamental, argumentative, financially irresponsible, abrasive & sullen	cynical, harshly critical, impervious to change, impractical, parasitic bootlicker, trivial	overly dependent, fanatical slave to excess, escapist, focused on impossible dream, suicidal	manipulative controller, misuse of psychic power, icy alcofness, inblerance, destruction & dishonor
MENTALBODY	individualistic, intense, directing, governing, determined, probing mind, power to synthesize	receptive, perceptive, intuitive, attentive, cohesive, subjective, unstructured, moderate	scientifically & mathematically adept, works in the abstract, clear logic, thinks in visual images	acute understanding, balance of both hemispheres of the brain, challenging mental powers, mediator in conflicts	organizer, practical use of mathematics & physics, architectural imagination, concrete sight & knowledge	directed allegiance, loyal, darity & simplicity of understanding, devoted to awareness, paragon of virtue	authoritative capacity for vast amounts of knowledge & ability to recall it for expert use, a way with words
	invasive manipulator, narrow-minded, fixed, destructive misuse of knowledge, bigoted	thoughtless, stubborn, no reason for actions, controlled by fear, mentally abusive, tough	absent-minded, confused, unimaginative, dull, meaningless verbosity, selfish use of intelligence	invasive mental manipulator, tormentor, cruel game player, harsh & critical, prejudiced persecutor	rigid thought patterns, slow, fragmented thoughts, prejudiced, nonsensical, boring & unimaginative	unreasonable & rigid, naive, guilible, fanatical, simple-minded, stupid, obsessive, extremist, dogmatic	arrogance, mental rigidity, demigod, glamorful deviate, masterful game player, knowledge used for treachery
EMOTIONAL BODY	fearless, one-pointedness, detached, assertive, intense, persuasive, passionate, perfect freedom of expression	heart-centered, loving, gentle, passionate about love & living life fully, sweet & endearing	imaginative dreamer, exciting & expressive, sees connection with others, impassioned	even-tempered, flexible, dramatically colorful, good sense of humor, empathetic & loving	clear expression of feeling & experience, calm, explicit, demonstrative, enthusiastic, grounded & steady	passionately expressive, dear emotions truthfully expressed, demands that high expectations are met	charismatic expression, magnetism, ability to enter & feel all kinds of emotions completely & process them
	aggressively dependent, takes things personally, fearful, explosive, unfeeling or unable to express feelings	unrelenting, explosive, spiteful, obstinate, insensitive, cutting, feelings suppressed	emotional manipulator, cruelly judgmental, evasive, solitary, obnoxious, repulsive, deceptive, sneaky	temperamental, volatite, mettlesome, erratic, agitated, overly sensitive, hysterical, bi-polar	denies feelings, grounded in denseness, un-graspable, stony cold, long-suffering, lefthargic & depressed	limpossible expectations, emotions subjugate dear thought, psychotherape utically dependent cripple, suicidal	projector of fear & violent destruction, psychotic, ritualistic abuser, dangerously diabolical
PHYSICAL BODY	quick to move, healthy, vibrant, powerful, highly competitive, hard muscle tone, vivid, radiant	embodies feeling nature, soft & touchable, physically irresistible, graceful, wholesome & healthy	adaptable, physically active & healthy, fully aware of physical capabilities & possibilities	dramatic & colorful, tightrope walker, dancer, health & balanced in activity, work & nutrition	strong with hard muscle tone, substantial, solid, significant mechanical abilities, dexterity	ideal physical proportions/ appearance/condition, sexually alluring, perfection embodied	superb ritualistic physical training, attention to all areas of physical strength, yoga, aikido, body mastery
	unhealthy, weak musde tone, forces body over its limits with destructive results, self-abuse	weak, powerless, flabby, graceless, sickly & diseased, careless with tools, lazy, dirty	unhealthy, unaware of physical needs, un-adaptable, numb to senses, coarse, dangerous to self	accident prone, sickly, slovenly, filthy, dangerous to self, disorderly, lifeless	grossly overweight, pasty, unhealthy & immobile, oafish, uncoordinated, sluggish, lazy	unattractive, prone to bad diets & self-abuse, soft & flabby, pasty, lifeless, addictive to everything	physically damaged by participation in marathon abuse of drugs, alcohol, food, self-abuse addiction
RELATIONSHIP EXPRESSION	straighforward, rational, brief, inclusive, courageous, sexually forward, intensely attractive, electric	I-term relationships, wise & loving councilor of others, powerful reasoning, magnetically nurturing	understanding of all facets of personal relationships, active & responsive, expressive	unshakable ability to love, mediator, bridges differences by sharing many perspectives, challenges others to excel	understanding, dependable, imaginative, clear communicator, experimental, curious, loyal, truthful	magnetically loving and loveable, forms strong attachments, friend for life, loyal, passionately expressive	magically passionate, dancer, special gifts, ceremony of celebration, tantric path to enlightenment
	invasive, overbearing, destructive, violent abuser, no thought of others, misdirected will over others	anti-social, urreasonable expectations, degrades self & others, fears relationships, stubborn, closed	opportunist, controller thru flagrant manipulation, deceptive user, tyramical, harsh, oppressive	deceptive, malicious, surly, sinister, venomous, resentful, mentally abusive, critical, rude, vicious, obscene	no social graces, vulgar, clumsy, isolated, tense, uncommunicative, pedantic, unable to relate to others	jealous, demanding, incapable of seeing another's point of view, possessive/stalker, mistrustful, covetous	puppeteer of people, sex magic, dominator/dominatrix, ritualistic killer, master of deviation
ENVIRONMENTAL EXPRESSION	only the necessities, basic furnishings, radical ascetic, brilliant lighting, could live in a hallway	home oriented, family, pets, friends, warm atmosphere, natural foods/ clothes/fumishings, adaptable	well-defined environment, expresses essence of soul frequency in objects, functional & abstract	meaningful & beautiful objects artfully displayed, balance of form/ proportion/color, visible passion	creates concrete forms which embody the spirit, practical use of form, architectural abstracts, comfortable	high honor & respect for form & creative expression, welcoming atmosphere, strong expression of self in home	order & ritual of obvious importance, objects have definitive purpose, brings forth the magic of matter
	destroyer of any environment, conflict with everything in material world, abrasively hostile surroundings	isolated & harsh, dirly, uncomfortable, none of the basics useable, broken bits & pieces of essentials	uncontrolled collections of useless materials, clashes of color & proportion, uncomfortable & rigid	disorderly, cramped, uncomfortable, ramshackle, foul, dangerous, irritating use of color/proportion	cold, unfriendly, antiseptic, angular, hostile, weak, hard, sharp, rigid, dangerous	conspicuous consumption, idolatry, objects more important than people, harsh, uncomfortable	gross materialism, rigidity of form, cunning traps of forture, environment of many horrors